

Put $\sin \theta = \frac{(z - z^{-1})}{2i}$ $dz = d\theta$ (8)

then $s^2 + \sin^2 \theta = s^2 + \left(\frac{z - z^{-1}}{2i}\right)^2$
 $= \frac{1}{4} (4s^2 - (z - z^{-1})^2)$
 $= \frac{1}{4z^2} (4s^2 z - (z^2 - 1)^2)$ (diff. of squares)
 $= \frac{1}{4z^2} (2sz - z^2 + 1)(2sz + z^2 - 1)$
 $= -\frac{1}{4z} (z^2 - 2sz - 1)(z^2 + 2sz - 1) \checkmark$

the first term has zeros at
 $z = \frac{2s \pm \sqrt{4s^2 + 4}}{2} = s + \sqrt{s^2 + 1}, s - \sqrt{s^2 + 1}$
 only $s - \sqrt{s^2 + 1}$ is inside $|z| < 1$ for $s > 0$

The second term has zeros at
 $z = \frac{-2s \pm \sqrt{4s^2 + 4}}{2} = -s + \sqrt{s^2 + 1}, -s - \sqrt{s^2 + 1}$

Only $-s + \sqrt{s^2 + 1}$ is inside $|z| < 1$ for $s > 0$

$L(J_0) = s \int \frac{-4z^2}{\pi (z - \alpha_1)(z - \alpha_2)(z - \beta_1)(z - \beta_2)} dz$
 $= -4s \int \frac{z dz}{i\pi (z - \alpha_1)(z - \alpha_2)(z - \beta_1)(z - \beta_2)}$ \checkmark

where $\alpha_1 = +s - \sqrt{s^2 + 1}$ $\alpha_2 = +s + \sqrt{s^2 + 1}$
 $\beta_1 = -s - \sqrt{s^2 + 1}$ $\beta_2 = -s + \sqrt{s^2 + 1}$

$L(J_0) = -4s \cdot \pi i (\text{Res at } \alpha_1 + \text{Res at } \beta_2)$

$= -4s \left(\frac{\pi i}{(-2\sqrt{s^2 + 1})(+2s)(2s - 2\sqrt{s^2 + 1})} + \frac{\pi i}{(-2s + 2\sqrt{s^2 + 1})(-2s)(2\sqrt{s^2 + 1})} \right)$