

‘Quality of Life is difficult to define and means different things to different people’. Explain this Statement.

The definition of the term ‘Quality of Life’ is what sort of quality of life people have. This is harder to define, because it can be defined in many different ways. It could be defined by income, the area lived in, number of cars, size of house, whether or not a house has electricity and supply etc.

In different countries ‘Quality of Life’ is defined in different ways that in other countries. It depends on the socio-economic groups of the country. To us ‘Quality of Life’ can be defined by income, and would not be defined by whether or not we have a water or electricity supply. Where as in poorer countries where many homes don’t have a water or electricity supply, this definition could be used.

The main concerns of people in some countries is just to get a job and a home with basic amenities, together with services, for example transport and a medical service. In other countries people are more concerned about air pollution, noise and crime.

People of different ages also look at ‘Quality of Life’ in different ways. Things that are important to people over the age of 60 are crime, cost of living, health services, local shopping facilities, cost of houses, public transport, leisure facilities and pollution.

The main features that people think concern ‘Quality of Life’ are crime, cost of living, jobs, health services, shopping facilities, wage levels, amount of unemployment, schools, housing, sports and leisure facilities, pollution, racial harmony, climate and weather, travel time to work and scenic quality.

There is an exception for this though; World wide it is thought that richer people have a better ‘Quality of Life’ than poorer people do. But then, rich and poor can also have different definition, which makes the whole subject difficult to deal with.

‘Quality of Life’ is difficult to define *because* it means different things to different people. There can not be one definition as countries vary so much in their style and culture of living, this means that a quality could be satisfactory in one county but poor in another.

Consequently the statement “Quality of Life is difficult to define and means different things to different people”, is true and very hard to explain. Basically ‘Quality of Life’ means the same thing but different people think of it in different ways and therefore it is very complex to give it one definition.

