Three Different Types of Liars

At one time or another everyone has told a lie of some sort. Society has The Occasional Liar, The Frequent Liar, and The Compulsive Liar. Lying can be devastating. It hurts not only the person being lied to, but also the person telling the lie. Many of people aren't even aware of all the lies we tell.

Most people are occasional liars. They are not happy about lying but don't want to admit to doing something wrong or having the embarrassment of an unhappy situation. They might lie to their boss about being late to work, or to a teacher about being late to class. They might lie to their parents about not drinking, smoking, or sex. The occasional liar is not used to lying and will think carefully and plan the lie so it will seem more believable. It most cases they end up getting caught even though they tried to plan the lie.

The frequent liars are constantly telling lies on a regular basis. These people are not like the occasional liars, they lie so much they might forget what has been said and contradict themselves. Most of these liars show signs that a lie has been told. They will try to cover their tracks to make sure the lie makes sense. This person may not have many friends because of all the lies told. These liars do not even know when to tell the truth or when to lie.

Being the center of attention is the main focus of the compulsive liar. These liars tell a lie when the truth is better off told. These people are addicted to lying and cannot stop. They don't mind creating big whopping lies in order to stay in the spot light of attention. The compulsive liar when caught will make up another lie to cover the first one told. These people have almost no friends. Compulsive liars do not even know they are telling a lie half the time.

No one wants to be friends with or even be associated with a liar. Whether you encounter an occasional, frequent, or compulsive liar you might have a hard time trusting that person again. No matter what the situation is, it is always better to be a truthful person than any type of liar. Lying is never the answer to any situation.